



Medicines to Stop Before Office Visit

If you are unable to stop one of these medicines, then still come in for your visit and we will work around this! Also note that some medicines need to be stopped 5 days in advance while others are just 2-3 days in advance.

5 DAYS – Allergy Medicines	
Brand Name	Generic Name
Allegra	Fexofenadine
Claritin, Alavert, Clarinex	Loratadine
Zyrtec, Xyzal	Cetirizine

2-3 DAYS – Other Allergy Medicines	
Brand Name	Generic Name
Atarax, Rezine, Vistaril	Hydroxyzine
Periactin	Cyproheptadine
Phenergan, Prorex	Promethazine
Astelin, Astepro, Dymista, and Patanase nose sprays	
Alaway, Bepreve, Elistat, Naphcon-A, Optivar, Pataday, Patanol, Visine-A, Zaditor, and Zyrtec eye drops	Ketotifen

2 DAYS – Cold/Sinus and Sleep Aid Medicines	
Brand Name	Generic Name
Actifed Sinus Day, Advil PM, Aler-Dryl, Benadryl, Calm-Aid, Comoz Nighttime, Diphedryl, Diphen-Allergy, Doan's PM, Genahist, Hydramine, Nytol, Scot-Tussin Allergy Relief, Sominex, Twilite, Tylenol PM, Unisom Sleepgels	Diphenhydramine
Aller-Chlor, Chlo-Amine, Chlor-Allergy, Chlor-Mal, Chlor-Trimeton, Chlorphen	Chlorpheniramine
Allerhist, Contac 12 Hour Allergy, Dayhist, Tavist	Clemastine

2 DAYS – Other Medicines	
Brand Name	Generic Name
Axid	Nizatidine
Pepcid	Famotidine
Tagamet	Cimetidine
Zantac	Ranitidine